

## Do you agree or disagree that job has greater effect on your overall happiness than social life?

It is undeniable that happiness is not the result of only one factor, but a variety of elements can create happiness in life. In fact, happiness and satisfaction are intertwined with so many factors which interact with each other. Because of the indisputable role of money in our life, some people assert that job has a greater role in well-being. However, others suppose that the happiness is more dependent on social life. Although we can not underestimate the importance of career, I do believe that social networks can have more impressive effect on happiness. In the following paragraphs, I will outline my reasons.

First and foremost, humans are social creatures-beings and one of the vital needs of every one is belonging to a supportive group. Having communication with others can give us a sense of security and self-worth. Psychological studies show that people who have at least one close friend s are happier than those without/ones who do not have any friend. Furthermore, marriage can lead to happiness, if one gets s support from her-one's partner. Being in a strong and contributory environment diminishes the risk of depression and can lead to feeling less stress in challenging situations.

On the other hand, some people believe that a satisfying job can have stronger effect on psychological well-being. But I want to set an example to show the opposite. Imagine a person who works s in a company as a manager of a department. She loves and knows her job and her responsibilities and because of the nature of her job as a boss, she should keep in touch with the staff throughout the day. But when she does not have a strong bond with them and if the members hips of the group do not support each other, in a long period of time not only will they will feel exhausted, but also they-will frustrated to-with achieve-achieving their goals. Working in an unsupportive environment, even when the job and its salary is-are completely delightfulimpressive, leads s to hopelessness/despair and job fatigue.

As a result, as researches shows, people thrive more when they belong to the supportive groups. They can get-receive honest and constructive feedback from loved ones that can bring more satisfaction in the long run.